

Mt. Morris Senior Center Newsletter

October/November 2019

Christmas Trip!

Join us for trip to Chicago for some Christmas fun!

Tuesday, December 10th

Leave Mt. Morris at noon (please eat lunch beforehand)

We will go to the Christkindle Market in Chicago, enjoy lunch at Chickies in Hillside, and see the areas Largest Outdoor Light Display in Aurora before we head back to town. We will travel by Charter Bus.

The Cost is \$30 for members and \$40 for non-members

All Ages are welcome. Register and pay by December 6th by calling 815-734-6335 or stopping by 9 East Front Street.

Cookie Exchange

Join us for an afternoon of fun on Monday, December 9th at 1:00 pm! Bring 2 dozen cookies and leave with a variety. It is not necessary to RSVP for this event.

C.A.S.T. Caroling

On Tuesday, December 17th we hope you can join us as we get together with the students from Chana to share Christmas Carols with the residents at Pinecrest. We will meet at the main Pinecrest Manor entrance at noon.

C.A.S.T Hygge

Come to The Village Bakery on Tuesday, January 28th at noon to enjoy board games and treats with students from Chana. All are welcome!

Free Breakfast with Santa presented by the Mt. Morris Senior Center and Sharky's Sports Bar!

Saturday, December 14th, 8:00-10:00 am
Pancakes, Eggs, Sausage, and Biscuits & Gravy
Activities for the kids and Santa will be here
Mt. Morris Senior Center (9 East Front Street)
All ages are welcome!

Noon Year's Eve

Join us for a party to ring in the new year on Friday, December 27th at noon at the Mt. Morris Senior Center. Bring a dish to pass and be ready for some fun! No need to RSVP.

Free Community Bingo

At Neighbors Nursing Home in Byron. We will carpool from the Mt. Morris Senior Center at 1:00 pm or you can meet us there at 1:30 pm. A \$5 lunch will be provided with free bingo afterwards. Please let us know if you will be attending by the Friday before.
Dates: Monday, January 27th (no date in December)

Community Veteran's Coffee

Every third Thursday
3:00 pm
Pinecrest Activity Room
All are welcome!

Potluck

Join us for a delicious potluck on the 3rd Friday of each month at noon. Bring a dish to pass and your own table service. All are welcome!
Friday, December 20th
Friday, January 17th

Birthday Party with Free Bingo

Free Bingo at 10:30 am and \$6 Lunch at 11:30 am.

Wednesday, December 18th

Lasagna, Garlic Bread, Salad, Cake, Ice Cream

Wednesday, January 15th

Chicken and Biscuits, Cake, Ice Cream

Jam Session

Music Starts at 10:30 am
\$3 Lunch is served at noon
No date in December.
Wednesday, January 22nd

International Meals

Learn a little about another culture and try some of their delicious food. The following meals will take place at noon. All are welcome to attend, simply let us know that you plan to be there, so we are sure to have enough.
Monday, November 4th—Russian
Call to RSVP 815-734-6335

Lunch Bunch

Leave the Mt. Morris Senior Center at 11:15 am or meet us at the restaurant at 11:30 am.

Friday, December 6th—Dogwood Inn
2452 IL-26, Polo, IL (West on 64)
Friday, January 3rd—Jen's Artisan Breads
500 Evergreen Ln., Mt. Morris (Pinecrest Community Center)

Health and Fun provided by Polo Rehab and Health Care Center!

Blood Pressure Checks December 11th and January 8th at 9:00 am
Celebrate National Chocolate Cake Day with us on January 27th!
All are welcome, and there is no need to RSVP.

DECEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9 Fitness 12:30 Hand & Foot	3 12 Chicago Trip	4 8-10 B&G 9 Fitness 1 Bridge	5 11 Secret Santa Closing Party	6 9 Fitness 11:30 Lunch Bunch 6 Chili & Crafts	7 Pinecrest Bazaar
8	9 9 Fitness 12:30 Hand & Foot 1 Cookie Exchange	10 12 Chicago Trip	11 8-10 B&G 9 Fitness Blood Pressure 1 Bridge	12 8:30 Board Meeting	13 9 Fitness	14 8-10 FREE Breakfast with Santa for all!
15	16 9 Fitness 12:30 Hand & Foot	17 12 C.A.S.T. Caroling at Pinecrest	18 8-10 B&G 9 Fitness 10:30 Bingo/Birthday 1 Bridge	19 3 Pinecrest Community Coffee	20 9 Fitness 12 Potluck	21
22	23 9 Fitness 12:30 Hand & Foot	24 CLOSED <i>Christmas Eve</i>	25 CLOSED <i>Merry Christmas</i>	26	27 9 Fitness 12 Noon Year's Eve	28
29	30	31 CLOSED <i>New Year's Eve</i>				

JANUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>CLOSED</i> <i>Happy New Year!</i> <i>Welcome to 2020!</i>	2	3 9 Fitness	4
5 9 Fitness	6 9 Fitness	7	8 8-10 B&G 9 Fitness	9	10 9 Fitness	11
	12 Movie 12:30 Hand & Foot		11 Bath Craft 1 Bridge			
12	13 9 Fitness	14	15 8-10 B&G 9 Fitness	16 8:30 Board Meeting	17 9 Fitness	18 12 Potluck
	12:30 Hand & Foot		10:30 Bingo/ Birthday 1 Bridge	3 Pinecrest Com- munity Coffee		
19	20 9 Fitness	21 11 Granola Class	22 8-10 B&G 9 Fitness	23	24 9 Fitness	25
	12 Russian Meal 12:30 Hand & Foot		10:30 Jam Session 1 Bridge		1 Beat the Blues Class	
26	27 9 Fitness	28	29 8-10 B&G	30	31 9 Fitness	
	Chocolate Cake 12:30 Hand & Foot 1 Bingo in Byron	12 C.A.S.T. at Vil- lage Bakery	9 Fitness 1 Bridge			

Who were you?

For the new year we will be making a gallery of Seniors, and we would love for you to be a part of it. Simply provide a photo of you from your younger days (can be any age, Melissa will make a copy) and answer some questions from Melissa to be a part of the show. Then we can have a who's who guessing game for the month of January. If you have any questions or would like to participate just call 815-734-6335 or stop by the Senior Center and talk to Melissa. The more who participate the better the show will be!

REVERSE ADVENT CALENDAR

EACH DAY ADD AN ITEM TO A BOX.
ON CHRISTMAS EVE DONATE THE CONTENTS TO A
FOOD BANK.

- December 1 - box of cereal
- December 2 - peanut butter
- December 3 - stuffing mix
- December 4 - boxed potatoes
- December 5 - macaroni and cheese
- December 6 - canned fruit
- December 7 - canned tomatoes
- December 8 - canned tuna
- December 9 - dessert mix
- December 10 - jar of applesauce
- December 11 - canned sweet potatoes
- December 12 - cranberry sauce
- December 13 - canned beans
- December 14 - box of crackers
- December 15 - package of rice
- December 16 - package of oatmeal
- December 17 - package pasta
- December 18 - spaghetti sauce
- December 19 - chicken noodle soup
- December 20 - tomato soup
- December 21 - can corn
- December 22 - can mixed vegetables
- December 23 - can carrots
- December 24 - can green beans

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How Many, How Much

How many slams in an old screen door? Depends on how loud you shut it.

How many slices in a bread? Depends on how thin you cut it.

How much good inside a day? Depends how good you live 'em.

How much love inside a friend? Depends how much you give 'em.

Try something new in the new year!

National Bubble Bath Day is Wednesday, January 8th. We will be making a craft to enhance your bath time. Choices will be vapor disks, foot rub, or lotion.

Tuesday, January 21st is National Granola Bar Day, so let's make some granola together!

Both classes will have a cost of \$3 and will begin at 11:00 am. Please call 815-734-6335 to sign up!

WE NEED YOU!

We are looking for some new members for the Mt. Morris Senior Center Board of Directors. If you are interested in being a part of the team that helps to make the Senior Center run smoothly please talk to Melissa by calling 815-734-6335.

Simply deliver your donations to Loaves and Fish food pantry or to the Senior Center and Melissa will take them to Loaves and Fish for you!

Would you like to help with this Newsletter?

We would love for Seniors to contribute to our newsletter. If you have ideas, things to add, or would like to help in any way, please contact Melissa at 815-734-6335.

National Cuddle Up Day Movie

Join us on Monday January 6th for a comedy and a delicious lunch of homemade pizza.

The cost will be \$5 each. Please call 815-734-6335 to sign up.

Did you know that the Mt. Morris Senior Center can help you with all of your Medicare needs?

We have SHIP Counselors available by appointment. SHIP is the Senior Health Insurance Program. SHIP Counselors do not sell insurance, they simply help you figure out what is best for you. We are happy to help whether you are just turning 65, need to re-evaluate your supplement during open enrollment, or just have a question.

SHIP Counselors can also help you figure out if you qualify for Extra Help. Extra Help is the federal assistance program that helps individuals with limited finances pay for their Medicare prescription drug costs. If you have Medicaid, a Medicare Savings Program, or you receive Supplemental Security Income (SSI), you should get Extra Help automatically.

Our SHIP Counselor can also help you figure out if you qualify for a license plate discount through Benefit Access. You may qualify if you are 65 years or older by December 31, 2019 or 16 years of age or older and totally disabled before January 1, 2020 and a current Illinois Resident. Total income last year must be less than \$27,610 for a single person household, \$36,635 for a 2 person household, or \$45,657 for a 3 person household.

Please call 815-734-6335 to set up an appointment.

Need Transportation?

Call the Rock River Center at 800-541-5479 or 815-732-3252 or LOTS (Lee-Ogle Transportation System) at 888-239-9228 or 815-288-2117.

If you have moved, are going away for several months, or would like to stop receiving our newsletter please let us know. We are happy to email the newsletter to you or change your address. Drop us a note at 9 East Front Street, Mt. Morris, IL 61054, email mmsr-center@gmail.com, or call 815-734-6335.

Do you shop on Amazon?

Did you know your purchases can help the Senior Center?

On your first visit to Amazon Smile ([smile. Amazon.com](https://www.amazon.com/smile)) you are prompted to select a charitable organization from the list. Simply select Mt Morris Senior Citizens Council. You can change your selection at any time. Please tell your family, friends, and neighbors to choose the Mt Morris Senior Citizens Council at their preferred charity, too. It doesn't cost you more, and it benefits us greatly!

All are welcome to join the circle of friends by becoming members of the Mt. Morris Senior Center. Simply fill out this form and send it with your donation to 9 E. Front Street, Mt. Morris, IL 61054.

Mt. Morris Senior Center
Seniors on the Move,
Caring,
Sharing,
& Serving

Annual Level of Giving

Membership per individual

Supporting- — - - - - - - - \$25

Contributing- - - - - - - - \$35

Sustaining- - - - - - - - \$50

Sponsor per individual or
Organization- - - - - \$100

Life membership levels

Silver- - - - - - - - \$500

Gold- - - - - - - - \$1000

Circle of Friends Support

Name _____

Address _____

Phone _____

Spouse _____

Amount of gift _____

Would you like to receive the Newsletter. Yes ___ No ___ Email _____

The above levels of giving is a suggestion, any support given is very welcome and appreciated. All gifts are tax deductible to the limit the law allows.

Date of application:

Date entered in system:

**Please make checks payable to
the Mt. Morris Senior Center.**

Thank you so much for your support of the programs of the Mt Morris Senior Center. We hope you see you in the center sometime soon! If you have any questions, please contact Melissa at 815-734-6335.

Mt. Morris Senior Center

9 East Front St.

Mt. Morris, Il. 61054

Phone 815-734-6335

Non Profit Org.

US Postage Paid

Permit #32



United Way
of Rock River Valley

Return Service Requested

Seniors On The Move, Sharing, Caring, and Serving!

During this Holiday Season we wish you strength, grace, love, and the peace of the Lord. May you know Christ's presence in every moment.

